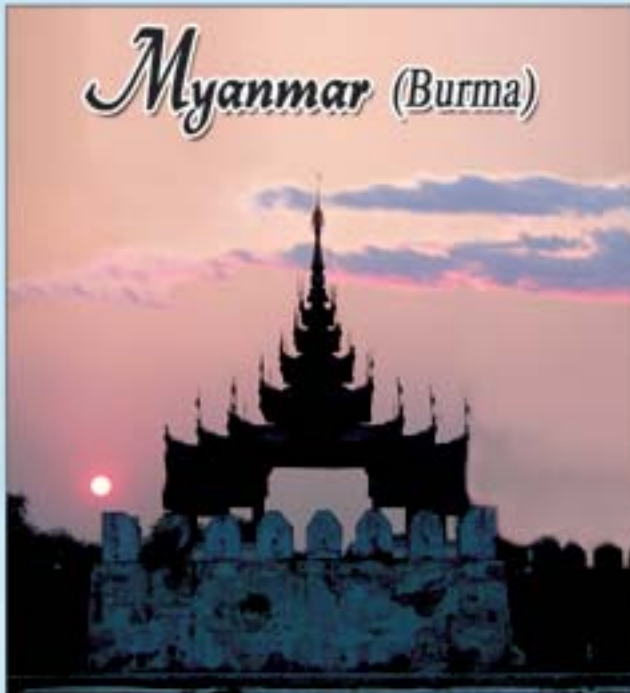




SM TOURS & TRANSPORT CO.,LTD.



Myanmar (Burma)



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Myanmar - General Information

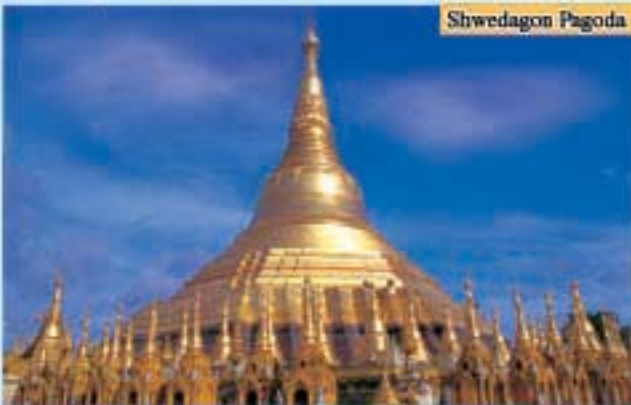
• One of the safest countries in the world

“ Seeing is Believing ”

Country	: Union of Myanmar(Burma)
Area	: 676,577 sq.km
Population	: 52 million
Race	: 135 ethnic tribes
Capital	: Yangon
Language	: Myanmar(English is widely understood)
Climate	: Cool season Oct.-Feb. (20-25C) Hot season Mar.-May. (30-35C) Rainy season Jun.-Sep. (25-30C)
Religion	: Buddhism 85%
Currency	: US Dollar & Kyat (Local currency)
Local Time	: GMT + 6.5 hours
Telecommunication	: IDD phone, Fax ,e-mail,Internet
Electricity	: 220-240 Volts, 50 Hz
Drinking Water	: Mineral Water or Boiled Water
Meal	: Myanmar, Chinese, European, Thai, Japanese and Indian cuisine
Clothing	: Light summer wear, sweater or jacket required in hilly Inle lake area. Shoes and socks must be removed at pagodas and monasteries, sandals are convenient for sightseeing
Shopping	: Arts, crafts, wood carvings, antiques, lacquer-ware and gems
Golf	: 8 golf courses in Yangon, also available at Mandalay,Bagan and Taunggyi



1. Yangon and Environs



Shwedagon Pagoda

Yangon, the capital is surrounded by Colonial style buildings, shady parks, lush tropical trees and beautiful lakes. People wearing traditional Longyi is known as one of the most unique scenes in the world. Shwedagon Pagoda, one of the ancient wonders of the world, was built in 2500 years ago. Bago-an ancient Capital famous for its huge Shwe- tha- lyaung reclining Buddha image, hundreds of Buddha images carved at the wall of Akaukaung mountain on the bank of Ayeyarwaddy River near Pyay and an ancient Pyu capital of Thayekhittaya (5th ~ 9th A.D) are all spectacular places.



Shwe-tha-lyuang Pagoda

2. Mandalay and Environs



U Pein Bridge



Kutho Daw Pagoda

Mandalay- The Last Dynasty of Myanmar, the center of cultural and religious significance is situated 668 km north of Yangon. The magnificent Old Mandalay Palace and Kuthodaw Pagoda

known as the World's Biggest Book with 729 stone slabs of Bhuddist scriptures, the famous Mahamuni Pagoda, traditional silk weaving industry, Kyauktawgyi Pagoda, a large Buddha image carved out of a single block of marble are the fascinating places for tourists. Inwa known as Inwa Dynasty, where its capital was historically changed for four times during 500 years (from 14th-19th AD). 200 years old, the world longest teak wood bridge (1200m) known as U Pein bridge in Amarapura, the world largest ringing Bell in Mingun on Ayeyarwaddy river bank, the vast Botanical Garden in Pyin Oo Lwin and Than-bok-de Pagoda with over 580,000 Buddha Images in Monywa are all really amazing tourist spots.



Myanmar Map



3. Bagan and Environs



Bagan

Bagan-one of three Buddhist archaeological sites in the world is located 686km north of Yangon , one and half hour by air. More than 2000 pagodas and temples are dotted on the vast area, which can't be seen anywhere in the world. Bagan Dynasty with gorgeous art flourished from 11th - 13th century. Sunset view from the river cruise is also spectacular scenery along with the Ayeyarwaddy river. Some 50km southeast of Bagan, the monastery complex on the top of Mt.Popa vertically standing is called the legendary home of the "Nats"(Spirits). Nat Ma Taung National Park & Mt.Victoria,3000m high, is famous for trekking and ecotourism.



Mt.Popa

4. Inle Lake and Environs

Mysterious Inle Lake,900m above the sea level in Shan State is famous especially for Intha fisherman ,rowing



Inlay Lake

Pindaya Cave

with one leg, standing at the stern of a slender boat. A boat trip on the lake with flying seagulls is very enjoyable and memorable. Visiting Padaung Tribe with a brass neck ring, Jumping Cat Monastery, floating market are amazing. Around the lake, Kalaw is famous for trekking to visit mountain ethnic tribes. Pindaya cave, one and half hour drive from Inle, is known as its 8094 Buddha images. Kakku, one of the Asia's most spectacular ancient monuments contains over 2000 stupas clustered in a small area, is one of the unexplored region in Myanmar and worth to visit.

5. Southern Myanmar



Golden Rock (Kyaikhtiyo)



Pa-an Lungbini Garden

Golden Rock (Kyaikhtiyo)- One of the most interesting tourist destinations famous for its mystical pagoda stands on the gold gilded boulder, delicately balanced on the edge of the cliff which is over 1100 m above the sea level at Mt.Kyaikhtiyo. It is about 180 km from Yangon. Pa-an, the capital of Kayin State is famous for the fascinating Lungbini Garden with 1120 sitting Buddha images. Mudon, 30km from Mawlamyine, tourists will be amazed to meet about 200 standing statues of monks carrying alms-bowls along the long street in the Win Sein Tawya garden.

6. Western Myanmar



Shitthaung Temple

Kitsapanadi (Kaladan) River

In 16th A.D, Portuguese yearned for visiting Mrauk-U known as the Golden City. Mrauk-U, the capital of the Rakhain Dynasty (15th to 18th A.D), 4 hours by boat from Sittwe. Several hundreds of temples and pagodas in Mrauk-U are dotted on the hilly area and have been built of stone with wall painting relief of Indian culture influence. The most impressive one is the Shitthaung pagoda, the shrine of 80,000 Buddha images. This temple is quite similar architecture comparing with Borobudur temple in Indonesia. Wethali (Vesali), is an ancient capital from 4th to 8th A.D. Dahnyawwaddy, (Legendary B.C 3000) is much older than Pyu Dynasty. The most impressive statue is Mahamunni Buddha image B.C 6th, near Wethali.

7. Northeastern Myanmar



Gokteik Bridge



Aka Tribe

Gokteik Railway Bridge, the second highest viaduct (about 100m) in the world was constructed in 1901 by Americans. Passing on the Gokteik Bridge by train will be an amazing and thrilling experience. Thibaw is famous for its Shan Palace where a Shan Princess from Austria lived until 1962. Kyaing Tong is known as its natural beauty and trekking to Aka, Lahu, Wa, Lishaw tribe villages. Muse is the border town with China and can visit Shweli, China side. Mong La is also border town with China, located 2 hours drive from Kyaing Tong. This town is very active with its ethnic emotion and one of the attractive places for the Chinese tourists.

8. Northern Myanmar



Snowcapped Mt. Hkaka-bo-razi



The World Biggest Ruby

Myitkyina is situated in Kachin State, the top most mountain region, 779km north of Mandalay. The town is proud of its confluence of the two tributaries Maikha and Malika rivers known as the famous place called "Myitsone". Indawgyi Lake is the largest lake in Myanmar and famous for Ecotourism. Only during the festival period, the new village with several thousands dwellers suddenly appears on the lake. Putao is called "Switzerland of Myanmar" and the nearest town to the base camp for climbing Mt. Hkaka-bo-razi (5889m), the highest mountain in South East Asia. Mogok & Hpakant, both towns produced the world Biggest stone of Ruby (21,450 carats) and the largest Jade stone (over 3,000 tons) in the world.

9. Beach resort



Ngwe Saung Beach



Ngapali Beach

Myanmar has 2832 km long coastline on the Western part of Myanmar and its beach resort is known as natural beauty, unspoiled clean water and white sand beach. Ngapali Beach is stretching over 3 km long, one of the finest resort with emerald green water, white sand and swaying coconut palm trees. Chaung Tha Beach is the nearest beach located 250 km from Yangon. Ngwe Saung Beach is 15 km long, one of the longest beautiful sand beach in Myanmar. Myeik (Mergui) archipelago, located at the southernmost part of Myanmar comprises over 800 beautiful islands, famous for deep sea fishing, best scuba diving & seeing colourful corals, yachting, sailing and etc.

* Model Course *

Wonders of Myanmar

<12 days 11 nights>

- Day1. Arrive in Yangon (Over Night in Yangon)
- Day2. Yangon-Mandalay by air
Mandalay Sightseeing (Over Night in Mandalay)
- Day3. Amarapura Sightseeing (Over Night in Mandalay)
- Day4. River Cruise to Bagan (Over Night in Bagan)
- Day5. Bagan Sightseeing (Over Night in Bagan)
- Day6. Bagan- Heho by air
Pindaya Sightseeing (Over Night in Pindaya)
- Day7. Inle lake Sightseeing (Over Night in Inlay)
- Day8. Heho - Yangon by air
Yangon Sightseeing (Over Night in Yangon)
- Day9. To Kyaikhtiyo by car
Golden Rock Sightseeing (Over Night in Kyaikhtiyo)
- Day10. Drive to Yangon via Bago (Over Night in Yangon)
- Day11. Free at leisure (Over Night in Yangon)
- Day12. Transfer to Yangon airport



Grand Plaza Parkroyal Hotel



Traders Hotel